

Shut Up And Dance



Choreographer: Alison Biggs & Peter Metelnick
Level: 4 wall, intermediate line dance
Type: 48 Counts
Music: "Shut Up And Dance" by Walk The Moon

Intro: Start dancing on the lyrics, 8 counts in.

RIGHT FORWARD SHUFFLE, LEFT FORWARD, 1/2 RIGHT TURN, LEFT FORWARD, 1/2 LEFT AND STEP RIGHT BACK, WALK BACK 2

1&2 Chassé forward right-left-right
3-4 Step left forward, turn 1/2 right (weight to right) (6:00)
5-6 Step left forward, turn 1/2 left and step right back (12:00)
7-8 Step left back, step right back

LEFT HEEL FORWARD, HOLD, LEFT TOGETHER, RIGHT HEEL FORWARD, HOLD, RIGHT TOGETHER, RIGHT BACK, WEAVE 2, LEFT SAILOR STEP

1-2& Touch left heel forward, hold, step left together
3-4& Touch right heel forward, hold, step right back
5-6 Cross left over, step right side
7& 8Left sailor step

RIGHT TOUCH BACK, 1/2 RIGHT UNWIND, RIGHT WEAVE 2, LEFT TOUCH BACK, 3/4 LEFT UNWIND, WALK FORWARD 2

1-2 Touch right back, unwind 1/2 right (weight to right) (6:00)
3-4 Cross left over, step right side
5-6 Cross/touch left behind, unwind 3/4 left (weight to left) (9:00)
7-8 Step right forward, step left forward

Restart here on wall 6

RIGHT & LEFT APART, KNEE POPS RIGHT-LEFT-RIGHT, RIGHT BALL CROSS, RIGHT SIDE, LEFT BEHIND-SIDE-CROSS

&1-2 Step right side, step left side, swivel right knee in
3-4& Swivel left knee in, swivel right knee in, step right back
5-6 Cross left over, step right side
7&8 Behind-side-cross left-right-left

RIGHT SIDE, HOLD, LEFT TOGETHER, RIGHT SIDE, LEFT TOGETHER, 1/4 RIGHT FORWARD, LEFT TOUCH LEFT BACK, RIGHT TOUCH

1-2& Step right side, hold, step left together
3-4 Step right side, step left together
5-8 Turn 1/4 right and step right forward, touch left together, step left back, touch right together (12:00)

Restart here on wall 3

RIGHT KICK BALL CHANGE, RIGHT FORWARD, LEFT SIDE POINT, LEFT FORWARD SHUFFLE, RIGHT FORWARD, 1/4 LEFT TURN

1&2 Right kick ball change
3-4 Step right forward, point left side
5&6 Chassé forward left-right-left
7-8 Step right forward, turn 1/4 left (weight to left) (9:00)

REPEAT

RESTART

Restart after count 24 on wall 6
Restart after count 40 on wall 3

ENDING

Final wall will start facing front. Dance first 8 counts, then touch left heel forward and hold