

# How Long



Choreographer: Jo Thompson Szymanski

Description: 32 count, 4 wall, beginner line dance

Music: "How Long" by The Eagles; "One Foot In Front Of The Other" by George Strait; "Lipstick, Powder & Paint" by Delbert McClinton; "Choo Choo Ch'boogie" by Asleep At The Wheel; "Would You Consider" by Scooter Lee; "Sea Cruise" by Scooter Lee

Intro: Start dancing on lyrics

## **HEEL, TOGETHER 4 TIMES**

- 1-2 Touch right heel forward, step right together
- 3-4 Touch left heel forward, step left together
- 5-6 Touch right heel forward, step right together
- 7-8 Touch left heel forward, step left together

## **VINE RIGHT, TOUCH, VINE LEFT, TURN ¼ LEFT, TOUCH**

- 1-2-3-4 Vine right, touch left together
- 5-6-7-8 Step left side, cross right behind, turn ¼ left and step left forward, touch right together

## **DIAGONAL STEP TOUCH FORWARD, BACK, BACK, FORWARD**

- 1-2 Step right diagonally forward, touch left together and clap
- 3-4 Step left diagonally back, touch right together and clap
- 5-6 Step right diagonally back, touch left together and clap
- 7-8 Step left diagonally forward, touch right together and clap

## **ROCK, RECOVER, BACK, HITCH, SLOW COASTER STEP, STOMP**

- 1-2 Rock right forward, recover to left
- 3-4 Step right back, hitch left and lower right heel (will feel like a small hop on the right foot with the left knee up)
- 5-6-7 Step left back, step right together, step left forward
- 8 Stomp right together (keeping weight on left foot) - *sometimes called a "stomp up"*

REPEAT

## **TAG**

When using the song "How Long" by Eagles, after the 3rd wall, insert this 4-count tag

- 1-2 Touch right heel forward, step right together
- 3-4 Touch left heel forward, step left together

Then restart the dance as normal. In other words on the 4th wall, you will do a total of 6 heel touches