

Gotta Sweat

Choreographed by Michel Cabana

Description: Phrased, 4 wall, intermediate line dance

Music: "Sweat Of Your Brow" by Jully Black



Sequence: AA BBBB A- AA BBBB AA BBBB A

Start dancing on lyrics

PART A

COASTER STEP, STEP, TOUCH & HEEL & ROCK STEP, 1/4 RIGHT STEP

- 1&2 Right coaster step
- 3-4 Step left forward, touch right back
- &5& Step right back, touch left heel forward, step left together
- 6-7-8 Step right forward, recover to left, turn 1/4 right as you step right to the right

CROSS SHUFFLE, 1/2 TURN LEFT, CROSS ROCK, 3/4 TURN RIGHT

- 1&2 Cross left over, step left together, cross left over
- 3-4 Turn 1/4 left as you back on the right, turn 1/4 left as you step left to the left
- 5-6 Cross right over, recover to left
- 7-8 Turn 1/4 right as you step forward on the right, turn 1/2 right as you step back on the left

BACK LOCK STEP, ROCK STEP BACK, FORWARD LOCK STEP, 3/4 TURN LEFT

- 1&2 Step right back, lock left over, step right back
- 3-4 Step left back, recover to right
- 5&6 Locking chassé forward left-right-left
- 7-8 Step right forward, turn 3/4 left (weight ending on the left)

CHASSE RIGHT, ROCK STEP BEHIND, STEP, SAILOR STEP, STEP

- 1&2 Chassé side right-left-right
- 3-4-5 Cross left behind, recover to right, step left side
- 6&7-8 Cross right behind, step left together, take a big step to the right on right, step left together

PART A-

The first 16 counts of part A

PART B

COASTER STEP, 1/4 TURN RIGHT TOUCH, CHASSE RIGHT, 1/2 TURN RIGHT CHASSE LEFT

- 1&2 Right coaster step
- 3-4 Step left forward, turn 1/4 right as you touch right beside left
- 5&6 Chassé side right-left-right
- &7&8 Turn 1/2 right, step left side, step right together, step left side

RESTART