

# She's a Natural (Country Girl)

Choreographer: Jonno Liberman (USA) – June 2022

Description: 32 count, 4 wall, Beginner line dance

Music: "Natural" by Breland



## Intro: 32 Counts

### [1-8] Forward Triple x2, 1/8 Box Step (12:00)

**Begin the dance to the front left corner (facing 10:30)**

- 1&2 Step RF forward, Step LF next to RF, Step RF forward  
3&4 Step LF forward, Step RF next to LF, Step LF forward  
5, 6 Cross RF over LF, Turn 1/8 R as you step LF back (12:00)  
7, 8 Step RF to R, Cross LF over RF

### [9-16] Side Touch, Side Touch, Back, Together, Hip Sways (12:00)

- 1, 2 Step RF to R, Touch LF next to RF  
3, 4 Step LF to L, Touch RF next to LF  
**\*For walls 3, 7, and 9, you can change timing to &1 Hold-2, &3 Hold-4 to better hit the chorus.**  
5, 6 Step RF back, Step LF next to RF  
7, 8 Sway Hips to R, Sway hips to L (finish with weight on LF)

### [17-24] Side Triple, Back Rock, Side Triple, Back Rock (12:00)

- 1&2 Step RF to R, Step LF next to RF, Step RF to R  
3, 4 Rock LF behind RF, Recover forward onto RF  
5&6 Step LF to L, Step RF next to LF, Step LF to L  
7, 8 Rock RF behind LF, Recover forward onto LF

### [25-32] Side Toe Strut, Cross Toe Strut, 1/8 Rocking Chair (1:30)

- 1, 2 (angle body to front right corner) Touch R toe slightly to R, Take weight onto RF  
3, 4 Cross L toe over RF, Take weight onto LF  
5, 6 Turn 1/8 R as you rock RF forward (1:30), Recover back onto LF  
7, 8 Rock RF back, Recover forward onto LF

**Optional: Replace Rocking Chair with two 1/2 Pivots over the left shoulder.**

**Tag - At the end of wall 7 the music will stop and Breland will speak.**

**You can choose to do the "Easy" tag or the "Not As Easy" tag. Both will work on the same dance floor.**

### Easy Tag Option: [1-8] Forward Triple, Rock Recover, Triple Back, Back Rock Recover (7:30)

- 1&2 Step RF forward, Step LF next to RF, Step RF forward  
3, 4 Rock LF forward, Recover back onto RF (1:30)  
5&6 Step LF back, Step RF next to LF, Step LF back  
7, 8 Rock RF back, Recover forward onto LF

### Not As Easy Tag Option: [1-8] Forward Triple, 1/2 Pivot, 1/2 Triple, Back Rock Recover (7:30)

- 1&2 Step RF forward, Step LF next to RF, Step RF forward  
3, 4 Step LF forward, Turn 1/2 R as you shift weight to RF (1:30)  
5&6 Turn 1/4 R as you step LF to L, Step RF next to LF (or Cross RF over LF), Turn 1/4 R as you step LF back (7:30)  
7, 8 Rock RF back, Recover forward onto LF