

PAWS

FOR-A-CAUSE™

Line Dance Workshop & Dance Benefiting:



SPERANZA

ANIMAL RESCUE

Saturday, July 13, 2024

1:00 - 5:00 pm

STEP SHEET BOOK

THE CARLISLE RIBBON MILL
320 EAST LOUTHER STREET, CARLISLE, PA 17013

Remember that our staff is volunteering their time to spend the day with you and helping raise money for Speranza Animal Rescue.

Be sure to thank them for everything they do.

Today's Instructors:

* Michael Diven - PA * Megan Rissler - PA
Joanne Brady - DE * Ray Muller - DE

This event is fully licensed by:



Lessons will start at 1:00 pm.

Evening Dance - 7:00 - 10:00 pm - \$10.00 admission

(FREE admission to the dance, if attending the workshop)

For more information contact: Dare 2 Dance Productions
Phone: (717) 319-5514 E-mail: michaeldiven@outlook.com

Web: www.mdiven.com





Cho-Co-Latte

Choreographed by: Yvonne Anderson (SCO)
Description: 32 Count, Improver 4 wall line dance

Music Suggestion: "La Chiqui Big Band" by David Civera

STOMP BACK, CLAP, STOMP IN-PLACE, CLAP, HEEL TWISTS ½ TURN RIGHT, RIGHT SAILOR STEP, LEFT STEP-LOCK-STEP

- 1&2& Stomp right back (toes turned out), clap hands, stomp left in place, clap hands
- 3&4 Turn ½ right and swivel heels left, right, center (6:00)
- 5&6 Cross right behind left, step left to side, step right to side
- 7&8 Step left forward, lock right behind left, step left forward

ROCK, RECOVER, ½ TURN RIGHT, PADDLE ¼, ½, LEFT SAILOR STEP, SKATE FORWARD RIGHT LEFT

- 1&2 Rock right forward, recover on left, turn ½ right and step right forward (12:00)
- 3 Turn ¼ right and touch left toe to side (3:00)
- 4 Turn ½ right and touch left toe to side (9:00)
- 5&6 Cross left behind right, step right to side, step left to side
- 7-8 Skate right forward, skate left forward

Easier option:

- 1-4 Rock right forward, recover to left, turn ¼ right and rock left forward, recover to right

RIGHT VAUDEVILLE, LEFT VAUDEVILLE ¼ TURN LEFT, SYNCOPATED WEAVE LEFT WITH TOUCH

- 1&2 Cross right over left, step left diagonally back, touch right heel forward
- &3&4 Step right together, cross left over right, turn ¼ left and step right diagonally back, touch left heel forward (6:00)
- &5&6 Step left together, cross right over left, step left to side, cross right behind left
- &7&8 Step left to side, cross right over left, step left to side, touch right toe together

¼ TURN RIGHT SHUFFLE, STEP, ½ TURN RIGHT, STEP, TWO STEP FULL TURN FORWARD WALK, WALK

- 1&2 Turn ¼ right and shuffle forward right, left, right (9:00)
- 3&4 Step left forward, turn ½ right (weight to right), step left forward (3:00)
- 5-6 Turn ½ left and step right back, turn ½ left and step left forward
- 7-8 Step right forward, step left forward

Easier option:

- 5-6 Step right forward, step left forward

REPEAT

At end of track ¼ turn right and strike your favorite pose





Cross My Heart

Choreographed by: Karl-Harry Winson (UK)
Description: 48 Count, Easy Improver 4 wall line dance

Music Suggestion: "Don't Be Cruel" by Marty Stuart; "Don't Be Cruel" by Elvis Presley

Intro: 16 CountsMusic available from Amazon.co.uk or iTunes
Alternative track: "Don't Be Cruel" by Elvis Presley. (BPM: 84.7)

Right Toe Strut. Left Toe Strut. Right Rocking Chair.

- 1 – 2 Step forward on ball of Right. Drop heel to the floor.
- 3 – 4 Step forward on ball of Left. Drop heel to the floor.
- 5 – 8 Rock Right forward. Recover weight on Left. Rock Right back. Recover weight on Left.

Right Toe Strut. Left Toe Strut. Right Rocking Chair.

- 1 – 2 Step forward on ball of Right. Drop heel to the floor.
- 3 – 4 Step forward on ball of Left. Drop heel to the floor.
- 5 – 8 Rock Right forward. Recover weight on Left. Rock Right back. Recover weight on Left.

1/4 Turn Left. Right Reverse Rhumba Box.

- 1 – 2 Turn 1/4 Left stepping Right to Right side. Close Left beside Right.
- 3 – 4 Step Right back. Hold.
- 5 – 6 Step Left to Left side. Close Right beside Left.
- 7 – 8 Step Left forward. Hold.

**Restart Here on Walls 3 (3.00), 5 (9.00) & 7 (3.00)*

Forward Rock. Back-Kick X2. Back Rock.

- 1 – 2 Rock Right forward. Recover weight on Left.
- 3 – 4 Step back on Right. Kick Left foot forward.
- 5 – 6 Step Left back. Kick Right foot forward.
- 7 – 8 Rock Right back. Recover weight on Left.

Forward-Together. Heel Twist Right. Forward-Together. Heel Twist Left.

- 1 – 2 Step Right to Right diagonal. Close Left beside Right.
- 3 – 4 With weight on the balls of both feet, twist both heels Right. Twist both heels to the center.
- 5 – 6 Step Left to Left diagonal. Close Right beside Left.
- 7 – 8 With weight on the balls of both feet, twist both heels Left. Twist both heels to the center.

Back Touches X4 (with claps)

- 1 – 2 Step Right back on Right diagonal. Touch Left beside Right/Clap hands.
- 3 – 4 Step Left back on Left diagonal. Touch Right beside Left/Clap hands.
- 5 – 6 Step Right back on Right diagonal. Touch Left beside Right/Clap hands.
- 7 – 8 Step Left back on Left diagonal. Touch Right beside Left/Clap hands.

Start Again!

***Restarts: To keep the dance in phrase, I have added in 3 restarts which happen in the same place of the dance. Dance 24 Counts of Walls 3, 5, and 7 then restart the dance from the beginning.**

Contact Karl: karlwinsondance@hotmail.com – www.karlharrywinson.com





Eyes On You

Choreographed by: Brandon Zahorsky (USA)
Description: 32 Count, Improver 4 wall line dance

Music Suggestion: "Eyes On You" by Nicky Youre

NO TAGS/NO RESTARTS

Lindy Right, Lindy Left, 1/4 Turn

1&2	Step R side R (1), Step L next to R (&), Step R side R
3,4	Rock L behind R (3), Recover forward on R (4)
5&6	Step L side L (5), Step R next to L (&), Step L side L (6)
7,8	Rock R back a 1/4 turn over R shoulder (7), Recover forward on L (8) (3:00)

Triple Forward, Rock, Recover, Triple 1/2 Turn, Pivot 1/4 Turn

1&2	Triple forward - R,L,R
3,4	Rock L forward (3), Recover back on R (4)
5&6	Triple 1/2 turn over L shoulder - L,R,L (9:00)
7,8	Step R forward (7), Pivot 1/4 turn over L shoulder (8) (6:00)

Cross, Side, Behind, Point, Cross, Side, Behind, 1/4 Turn Point

1,2	Cross R over L (1), Step L side L (2)
3,4	Step R behind L (3), Point L side L (4)
5,6	Cross L over R (5), Step R side R (6)
7,8	Step L back 1/4 turn over L shoulder (7), Point R side R (8) (3:00)

Cross, Point, Cross, Point, Jazz-box

1,2	Cross R over L (1), Point L side L (2)
3,4	Cross L over R (3), Point R side R (4)
5,6	Cross R over L (5), Step L back (6)
7,8	Step R side R (7), Cross L over R (8) (3:00)

No Tags/No Restarts!! Keep Dancing!

***Restarts: To keep the dance in phrase, I have added in 3 restarts which happen in the same place of the dance. Dance 24 Counts of Walls 3, 5, and 7 then restart the dance from the beginning.**

Contact Karl: karlwinsondance@hotmail.com – www.karlharrywinson.com





Hawk Two

Choreographed by: Mark Paulino (USA), Riley Muller (USA), Kristen Shephard (USA) & Ray Okuda (USA)
Description: 32 Count, Improver 4 wall line dance

Music Suggestion: "Spirit Of The Hawk" by HBz & Jamyx

Intro: 16 counts - 1 Tag - No Restarts

[1-8] Ball Touch x2 R, Ball Touch x2 L, Ball Touch R, Ball Touch L, Ball Rock Fwd

- 1 - 2& Ball touch R besides L (1), Ball touch R besides L (2), Step R besides L (&)
- 3 - 4& Ball touch L besides R (3), Ball touch L besides R (4), Step L besides R (&)
- 5&6& Ball touch R besides L, (5), Step R besides L (&), Ball touch L besides R (6), Step L besides R (&)
- 7 - 8 Ball rock R forward (7), Recover on L (8)

[OPTIONAL] Arm Styling on Walls 4, 5, 8 & 9: Extend opposite arm from foot and swing forward in a circular motion throughout counts 1 through 6

[9-16] ¼ turn right Side Shuffle, ½ turn right Side Shuffle, Cross Back Rock Recover, Side Behind

- 1&2 Step R to right side with ¼ turn right (1), Step L next to R (&), Step R to right side (2)
- 3&4 Step L to left side with ½ turn right (3), Step R next to L (&), Step L to left Side (4)
- 5 - 6 Rock R behind L (5), Recover on L (6)
- 7 - 8 Step R to right side (7), Step L behind R (8)

[OPTIONAL] Body Styling on Wall 3 and 7: Posture body down towards ground on count 5 to match lyric.

[17-24] Monterey ¼ turn Right, Monterey ½ turn Left, Touch Together, Slide Right, Touch Together

- 1 - 2 R side point (1), ¼ turn right with R stepping besides L (2)
- 3 - 4 L side point (3), ½ turn left with L stepping besides R (4)
- 5 - 6 R side point (5), Touch R next to L (6)
- 7 - 8 Big step R to right side (7), Touch L next to R (8)

[25-32] Vine Left, Scuff ¼ Turn Left, ½ Pivot left, Body Roll Fwd

- 1 - 2 Step L to left side (1), Step R behind L (2)
- 3 - 4 Step L to left side (3), Scuff R fwd with ¼ turn left (4)
- 5 - 6 Step R forward (5), ½ Pivot over left shoulder weight L (6)
- 7 - 8 Step R forward and start body roll (7), Finish body roll weight on L (8)

[TAG] 4 Counts - End of Wall 5 - Ball Cross, Unwind With Hawk Check

- &1 Ball Change R (&), Cross L over R (1)
- 2,3,4 Unwind ½ turn right keeping weight on L (2,3,4)

STYLE: Put hands together on top of head as you extend arms straight up during unwind





Hold Me NOW

Choreographed by: Jonas Dahlgren (SWE), Raymond Sarlemijn (NL) & Ray Hadisubroto (NL)
Description: 32 Count, Improver 4 wall line dance

Music Suggestion: "Hold Me Now (Dance Version)" by Johnny Logan

Intro: 40 seconds

Restarts

- (1) Wall 5 after 8 counts facing 3 o'clock
- (2) Wall 10 after 4 counts facing 3 o'clock

Sect – 1 Cross, Point, Cross, Point, Jazzbox ¼ Turn R

- 1,2 RF Step Fwd (1), LF Point L (2)
- 3,4 LF Step Fwd (3), RF Point R (4) (Restart here on wall 11)
- 5,6 RF Cross over LF (5), LF Step Back (6) 03.00
- 7,8 RF Turn ¼ R Step R (7), LF Cross over RF (8)

Restart here on wall 5

Sect – 2 Chassé R, Rock step, Slide to L, Hold, Rock Step

- 1&2 RF Step R (1), LF Step Together (&), RF Step R (2)
- 3,4 LF Rock Back (3), RF Recover weight (4)
- 5,6 LF Step a large step L (5) Hold (6)
- 7,8 RF Rock back (7), LF Recover weight 03.00

Sect – 3 Kick Ball Step x2, Rock step, Shuffle ½ Turn R

- 1&2 Kick RF Fwd (1), RF Step Together(&) Change weight to LF (3)
- 3&4 Kick RF Fwd (1), RF Step Together(&) Change weight to LF (3)
- 5,6 Rock RF Fwd (5) LF Recover weight (6)
- 7&8 RF Turn ¼ R Step R (7) LF Step together (&) RF Turn ¼ R, Step Fwd (8) 09.00

Sect – 4 Shuffle ½ Turn R, Coaster step, Rock step, Shuffle ½ Turn L

- 1&2 LF Turn ¼ R Step L(1), RF Step together (&) LF Turn ¼ R Step back (2) 03.00
- 3&4 RF Step back (3) LF Step together (&) RF Step fwd (4)
- 5,6 LF Rock Fwd (5) LF Recover weight (6)
- 7&8 RF Turn ¼ L Step L (7) LF Step together (&) RF Turn ¼ L Fwd (8) 09.00

Please do not change anything in this step-sheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

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Don't forget to vote for your favorite dance :)

Last Update – 27 Apr. 2024 – R1





Katy Bar the Door!

Choreographed by: Cathy Garland (USA)
Description: 32 Count, Improver 4 wall line dance

Music Suggestion: "Coming Home" by Old Dominion

Intro: 16 cts - Start on lyrics 2 Restarts

SIDE HOLD BEHIND SIDE CROSS, ROCK SIDE ¼ TURN, 2 COUNT ¾ TURN LEFT (12:00-12:00)

- 1-2 Step RF to R side(1), Hold and Clap(2),
- 3&4 Step LF behind R(3), Step RF to R side(&), Cross LF in front of R(4)
- 5-6 Rock RF to R side(5), Recover on LF making ¼ turn L(6)
- 7-8 Step RF forward making ¼ turn L(7), Continue turning L with ½ turn stepping LF to side(8)

CROSS SIDE BEHIND SIDE CROSS, 2 COUNT ¾ TURN LEFT, COASTER LEFT (12:00-3:00)

- 1-2 Cross RF in front of L(1), Step LF to L side(2)
- 3&4 Step RF behind L(3), Step LF to L side(&), Cross RF in front of L(4)
- 5-6 Step LF forward making ¼ turn L(5), Step back on RF making ½ turn L(6)
- 7&8 Step LF back(7), Step RF next to L(&), Step LF forward(8)

Restart #1 here at Wall 4 Starts at 3:00 ends at 6:00

WALK RIGHT LEFT STOMP RIGHT & CLAP, HEEL & HEEL & TOE DIG ¼ TURN (3:00-12:00)

- 1-4 Step RF forward(1), Step LF forward(2), Stomp RF next to L(3), Hold and clap(4)
- 5&6& L heel forward(5), Return LF next to R(&), R heel forward(6), Return RF next to L(&)
- 7-8 Dig L toes next to R while turning L knee in(7), Keeping weight on L toes and RF make ¼ turn L and drop L heel down while popping R knee up(8)

Restart #2 here at Wall 5 Starts at 3:00 ends at 6:00

SCUFF CROSS COASTER ¼ TURN RIGHT, ½ PIVOT, STOMP RIGHT STOMP LEFT (12:00-6:00)

- 1-2 Scuff RF forward(1), Cross RF in front of L(2)
- 3&4 Making ¼ turn R step LF back(3), Step RF next to L(&), Step LF forward(4)
- 5-6 Step RF forward(5), Keeping weight on LF make a ½ turn L(6)
- 7-8 Stomp RF(7), Stomp LF(8)





Let The Love

Choreographed by: Amy Glass (USA) & Cody Flowers (USA)
Description: 32 Count, Improver 4 wall line dance

Music Suggestion: "Let the Love (feat. Bennson)" by Jay Dixie

Dance starts 5 seconds into song on lyrics

NO TAGS - NO RESTARTS

[1-8] Back (x3), Heel, Step, Touch, ¼, Point

- 1 2 Step RF back, Step LF back (12:00)
- 3 4 Step RF back, Touch Left Heel forward (12:00)
- 5 6 Step down on LF, Touch Right Toe back (12:00)
- 7 8 ¼ Right stepping down on RF, Point LF to left (3:00)

[9-16] ¼, ¼, ½ Shuffle, ⅛ Rock, Recover, Back, Knee Pop

- 1 2 ¼ Left stepping LF forward, ¼ Turn left stepping RF to right (9:00)
- 3&4 ½ Turn left stepping LF to left side, Step RF beside LF, Step LF to left (3:00)
- 5 6 Cross rock RF into left diagonal, Recover weight on LF (1:30)
- 7&8 Step RF back, Lift Heels while bending knees, Recover weight on RF (1:30)

[17-24] Back, ⅛ Side, Crossing Shuffle, Hip Roll, Hip Roll w/ Kick

- 1 2 Step LF back, ⅛ Turn right stepping RF to right (3:00)
- 3&4 Cross LF over RF, Step RF to right, Cross LF over RF (3:00)
- 5 6 Step RF to right while rolling hips from L to R, Bump L hip up L (3:00)
- 7 8 Roll hips from R to L transferring weight to LF, Kick RF forward (3:00)

[25-32] Back, Hook, Shuffle Fwd, Step-Touch (x2)

- 1 2 Step RF back, Hook LF across RF (3:00)
- 3&4 Step LF forward, Step RF beside LF, Step LF forward (3:00)
- 5 6 Step RF to right, Touch LF beside RF (3:00)
- 7 8 Step LF to left, Touch RF beside LF (3:00)





Little Bit Salty

Choreographed by: Rob Holley (USA)
Description: 32 Count, High Beginner 4 wall line dance

Music Suggestion: "Party On The Beach" by Brian Kelley

Intro: 16 (start vocals)

[1-8] DIAGONAL STEP FWD, HOLD, BALL STEP, TOUCH, DIAGONAL STEP BACK, HOLD, BALL STEP, TOUCH

- 1-2 Step R diagonal forward (1), hold (2)
- &3-4 Step L next to R (&), step diagonal forward R (3), touch L next to R (4)
- 5-6 Step L diagonal back (5), hold (6)
- &7-8 Step R next to L (&), step L diagonal back (7), touch R next to L (8)

[9-16] ROCK BACK, RECOVER, SHUFFLE ½ TURN, (2X)

- 1-2 Rock R back (1), recover weight on L (2)
- 3&4 Turn ½ L & step R back (3), step L next to R (&), step R back (4) (6:00)
- 5-6 Rock L back (5), recover weight on R (6)
- 7&8 Turn ½ R & step L back (7), step R next to L (&), step L back (8) (12:00)

[17-24] STEP BACK, HOOK, FORWARD SHUFFLE, ROCKING CHAIR

- 1-2 Step R back (1), hook L heel over R (weight on R) (2)
- 3&4 Step L forward (3), step R next to L (&), step L forward (4)
- 5-8 Rock R forward (5), recover weight on L (6), rock R back (7), recover weight on L (8)

Restart - walls 3 & 6

[25-32] ¼ TURN JAZZ BOX, HIPS BUMP (4X)

- 1-4 Cross R over L (1), turn ¼ R & step L back (2) Step R to R side (3), step L forward (4) (3:00)
- 5-8 Step R to R side & bump hips R (5), bump hips L (6), bump hips R (7), bump hips L (8)

Restart after count 24 on wall 3 facing 6:00 and on wall 6 facing 12:00

Contact: holleyrp1966@gmail.com

Facebook: <https://www.facebook.com/TeamHolleyLineDancing/>

MeWe: <https://mewe.com/p/TeamHolleyLineDancing/>

YouTube: <https://www.youtube.com/channel/UCTLzF7cjsl2k-gtAOdxPceA>





Made Of Gold

Choreographed by: Jamie Barnfield (UK) & Karl-Harry Winson (UK)
Description: 32 Count, Improver 4 wall line dance

Music Suggestion: "Made of Gold (feat. Joakim Wilow)" by TWOPILOTS

Intro: 16 counts (No Tags or Re-starts!)

S1: RIGHT SYNCOPATED WEAVE. 1/4 SAILOR. WALK FORWARD X2

1-2 Step Right to Right side. Cross Left behind Right.
&3-4 Step Right to Right side. Cross Left over Right. Step Right to Right side.
5&6 Turn 1/4 Left stepping Left beside Right. Step Right beside Left. Step forward on Left (9:00)
7-8 Walk forward on Right. Walk Forward on Left. (9:00)

S2: FORWARD ROCK. BALL-STEP. BACK STEP. BACK ROCK. 1/2 TURN RIGHT. SIDE STEP.

1-2 Rock forward Right forward. Recover on Left.
&3-4 Step ball of Right beside Left. Step back on Left. Step back on Right.
5-6 Rock back on Left. Recover forward on Right.
7-8 Turn 1/2 Right stepping back on Left. Step Right to Right side (3:00)

S3: LEFT CROSS ROCK. LEFT SIDE ROCK. CROSS & TOGETHER. CROSS. SIDE. SAILOR 1/4 RIGHT.

1&2& Cross rock Left over Right Recover on Right. Rock Left to Left side. Recover on Right.
3&4 Cross Left over Right. Step Right to Right side slightly angling body to Left diagonal. Close Left beside Right.
5-6 Cross Right over Left. Step Left to Left side.
7&8 Turn 1/4 Right crossing Right behind Left. Step Left beside Right. Step forward on Right (6:00).

S4: DIAMOND 1/4 TURN LEFT. DIAGONAL ROCK. BEHIND-SIDE-CROSS.

1&2 Cross Left over Right. Step Right to Right side. Turn 1/8 Left stepping back on Left (4:30)
3&4 Step back on Right. Turn 1/8 Left stepping Left to Left side. Cross Right over Left (3:00)
5-6 Rock Left forward into Left diagonal. Recover on Right.
7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right (3:00)

Start Again!

ENDING:

**During Wall 10 the music finishes at the end of section 2.
Counts 7-8: 1/2 right stepping back on Left, Step Right to Right side.
Replace with walk forward left, Right for your Ta-dah moment!**





Vibe Check

Choreographed by: Debbie Rushton (UK)
Description: 32 Count, Intermediate 4 wall line dance

Music Suggestion: "Vibe Check" by LONIS & Little League

Count in: After 16 counts on lyrics

WALK WALK & ROCK STEP, STEP ½ TURN, SHUFFLE ½ TURN

- 1 2 Walk forward R, Walk forward L
- &3 4 Rock R out to R side, Recover weight onto L, Step R forward
- 5 6 Step L forward, Pivot ½ turn R taking weight onto R
- 7&8 Shuffle ½ turn over R shoulder ending with weight back on L

¼ TURN SIDE ROCK, BEHIND SIDE CROSS, POINT & POINT, SAILOR ¼ TURN

- 1 2 Making ¼ turn R rock R out to R side (swing both arms down by your sides and shout WOOO!),
Recover onto L foot
- 3&4 Cross R behind L, Step L to L side, Cross R over L
- 5&6 Point L out to L side, Step L beside R, Point R out to R side
- 7&8 Cross R behind L, Step L beside R making ¼ turn R, Step R forward (prep to turn L)

¼ TURN LUNGE, ¼ TURN RECOVER, ¼ TURN SIDE TOUCH BEHIND, FULL TURN SIDE SHUFFLE

- 1 2 Make ¼ turn L rocking L to L side (head looks over L shoulder), Make ¼ turn R stepping R in place
- 3 4 Make ¼ turn R stepping L to L side, Touch R behind L (turn head to look L)
- 5 6 Make ¼ turn R stepping R forward, Make ½ turn R stepping L back
- 7&8 Make ¼ turn R stepping R to R side, Step L beside R, Step R to R side (roll hands around each other at R shoulder height for counts 7&8)

OUT OUT, L SIDE SHUFFLE, SLOW PIVOT 3/8 TURN, FLICK

- 1 2 Step L to L side pushing L hip out and rolling hands around each other at L hip height, Step R to R side pushing R hip out and rolling hands around each other at R hip height
- 3&4 Step L to L side, Step R beside L, Step L to L side (roll hands around each other at L shoulder height for counts 3&4)
- 5 6 7 Step R forward and make a slow ½ pivot turn over L shoulder over counts 5,6,7 (arms out to side, knees bent) weight stays back on R (lyrics 'VIIIIBBE')
- 8 Hop weight forward onto L whilst flicking R foot up behind you (lyrics 'CHECK')

NO TAGS NO RESTARTS!!!! YOU'RE WELCOME!! ☺



